



GLO Science Professional Take Home Instructions

Helpful tips for maintaining your bright, white GLO-ing smile:

1. For the first 48 hours, your teeth will be especially vulnerable to staining. For this reason, you should avoid tobacco and any staining foods. This would include:

Red wine, red meat, soy sauce, coffee/tea, colas
Berries or other dark fruits and fruit sauces
Tomatoes and tomato sauces/juices
Dark vegetables
Foods containing dyes or artificial colorings

2. GLO Science Professional has the same clinically proven whitening results as traditional in-office whitening but without the sensitivity. If, for some reason, you do experience sensitivity, please contact your dental professional.

3. Teeth whitening is not a permanent procedure. Anything you put in your mouth that would stain a t-shirt will stain your teeth. To prolong the whiteness, be sure to maintain your teeth at home with the GLO Brilliant Professional Teeth Whitening Device, clinically proven to whiten your teeth 5 shades in 5 days. See your dental hygienist for your personalized GLO maintenance regimen.

Contact your dental professional with any questions or concerns.

Smiles just got Smart!

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